



# Health and Wellbeing Strategy

## Next Steps

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***Reminder of what we agreed about the strategy!  
Tower Hamlets Health and Wellbeing Strategy will be 'a strategy with a small number of core, widely owned, accountable objectives, but that is adaptive and responds to feedback'***

**Transformational areas (working titles – feel free to reword your area!):**

- **Addressing health impacts of deprivation**
- **Helping communities lead change around health**
- **Healthy Place**
- **Tackling childhood obesity**
- **Developing a truly integrated system to support health**

**What does the Board need to focus on?**

Board members assigned to each of these areas :

- Understand what is currently going on in the area
- Identify 1 or 2 high level metrics linked to the area that would be important for the Board to track
- Identify 1 or 2 areas of system transformation that are already happening or need to happen where the oversight of the Board could add value

# This session

- Discuss proposals from each group bearing in mind criteria
  - Do these sound right?
  - Do they provide the basic for focussed collective action?
  - Is there anything that could strengthen the focus?

## Criteria for areas of focus:

- Transformation will have significant positive impact
  - The area is considered to be an important health and wellbeing issue with regard to the size of the problem, inequalities issues and/or cost
  - There is good evidence for intervention (or credible potential to build evidence)
- The area matters to Tower Hamlets citizens
- System change is feasible
- There is collective will to achieve the change

# Following this session

- Initial draft of strategy to Board 9<sup>th</sup> August
  - Clear (jargon free) narrative of
    - Health and wellbeing picture of Tower Hamlets
    - What we are doing (acronym free!)
  - Areas of focus
    - Building on questions in templates
    - Officers to work with groups
    - Logic modelling on outcomes
  - This will be consultation document
- Final draft to Board 18<sup>th</sup> October
  - Principle
    - Clear, short
    - Annual cycle of priority review
  - Video?